



Marriage and Family Therapy Supervision Requirements

Cheat Sheet

Supervised Work Experience

Definition

Means practicing marriage and family therapy (paid or voluntary basis) under direct supervision and while receiving clinical supervision.

R4-6-101(50)

REQUIREMENTS

- No less than 24 months
- 1600 hours of direct client contact:
 - At least 1000 hours with couples & families
- No more than 400 hours of psychoeducation:
 - At least 60% with couples & families

R4-6-603

Clinical Supervision

Definition

Means direction/oversight (face to face, videoconference, or telephone) by a qualified individual to evaluate, guide, and direct all behavioral health services. To develop and improve the necessary knowledge, skills, techniques, and abilities, allowing the licensee to engage safely, and competently in the practice of behavioral health.

R4-6-101(11)

REQUIREMENTS

- 100 hours:
 - 50 hours must be from:
 - LMFT, or
 - Independently licensed professional with an Approved Supervisor designation from the AAMFT; and
 - Remaining hours are supervised by:
 - LPC, LCSW, or MFT; or
 - Psychologist licensed under A.R.S. Title 32, Chapter 19.1; or
 - Supervisor exempt under R4-6-212.01
- Individual clinical supervision:
 - At least 25 hours
- Group of 2 supervisees:
 - No more than 75 hours
- Group of 3-6 supervisees:
 - No more than 50 hours
- 10 hours of direct observation

R4-6-604, R4-6-212(E)(G)

Supervisor must meet requirements in R4-6-212.
Hours will not be accepted if provided by substance abuse counselor.